SEP-28-00 THU 12:54 PM MARY KENNEDY MN DHS	FAX: 6512159453 FAGE 2 OMB NO. 0938-01983
EALTH CARE FINANCING ADMINISTRATION	1. TRANSMITTAL NUMBER: 2. STATE:
TRANSMITTAL AND NOTICE OF APPROVAL OF	<u>0 0 — 0 1 7 Minnesota</u>
STATE PLAN MATERIAL	3. PROGRAM IDENTIFICATION: TITLE XIX OF THE SOCIAL
FOR: HEALTH CARE FINANCING ADMINISTRATION	SECURITY ACT (MEDICAID)
O: REGIONAL ADMINISTRATOR	4. PROPOSED EFFECTIVE DATE
HEALTH CARE FINANCING ADMINISTRATION DEPARTMENT OF HEALTH AND HUMAN SERVICES	July 1, 2000
5. TYPE OF PLAN MATERIAL (Check One):	
☐ NEW STATE PLAN ☐ AMENDMENT TO BE COM	
COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AMEN	NDMENT (Separate Transmittal for each amendment)
FEDERAL STATUTE/REGULATION CITATION:	7. FEDERAL BUDGET IMPACT: a. FFY '00 \$ 531
42 CFR 449.167 & 42 CFR 447.201(b)	b. FFY '01 \$ 6.421
8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT:	9. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION
Act. 3.1-A. pp. 26-26h. 76-76 78-789	OR ATTAÇHMENT (If Applicable):
Att. 3.1-B, pp. 25-25b, 75-75p 77-779	same
Att. 4119-8, pp. 17, 24, 25, 27, 28, 65-65a, 71  26, 29, 66-66a, 12	State
(	
$\mathcal{A}$	:
10. SUBJECT OF AMENDMENT:	
Public Health Hursing, Home Health, Private I	nuev Numerica Parsonal Fara Assistant and
Special Transportation Services & Rates	and a second
11. GOVERNOR'S REVIEW (Check One):	
COVERNOR'S OFFICE REPORTED NO COMMENT	OTHER, AS SPECIFIED:
☐ COMMENTS OF GOVERNOR'S OFFICE ENCLOSED	
☐ NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL	
12. SIGNATURE OF STATE AGENCY OFFICIAL:	16. RETURN TO:
$-\frac{1}{2}$	Stephanie Schwartz
13. TYPED NAME:	444 Lafayette Road Horth
Mary B. Kennedy  14. TITLE:	Bineesota Department of Human Services
Medicaid Director	St. Paul, Hinnesota 55155-3653
15. DATE SUBMITTED:	
September 25, 2000	
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17. DATE RECEIVED: 9428/00	18 DATE APPROYED
PLAN APPROVED C	NE COPY ATTACHED
19. EFFECTIVE DATE OF APPROVED MATERIAL	20 SIGNATURE OF REGIONAL OFFICIAL
- July / 200	any of vacus
21 TYPED NAMEY Cheryl A. Barris	22 TINE Associate Regional Administrator
CO DELLA DICE.	Division of Medicard and Children's Health
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# MINNESOTA MEDICAL ASSISTANCE

Federal Budget Impact of Proposed State Plan Amendment TN 00-17 Attachments 3.1-A/B & 4.19-B: Home Health, Private Duty Nursing, Personal Care Assistant and Special Transportation Services & Rates

Effective July 1, 2000, proposed State plan amendment TN 00-17 is submitted pursuant to recently enacted legislation.

- The State plan amendment updates the elements contained in assessments, reassessments, and service updates for personal care assistant services. This is current practice, and therefore budget neutral. Pursuant to Minnesota Session Laws 2000, chapter 474, section 8.
- The State plan amendment clarifies that recipients receiving shared personal care assistant services may receive services outside the home or foster care home. This is current policy for recipients not receiving shared personal care services. Pursuant to Minnesota Session Laws 2000, chapter 474, section 10. The Department does not anticipate any budget impact.
- The rates for public health nursing, home health, private duty nursing, and personal care assistant services are increased by six percent. Pursuant to Minnesota Session Laws 2000, chapter 488, article 9, section 29.

The Department anticipates the budget impact as follows. Note that a two month lag is assumed for FFY 2000.

	F <u>FY 2000</u> (Dollars in T	
Home Health Forecast before increase	\$27,610	\$33,026
FFY 2000 increase: (27,610 x 6% x 1/12)	\$ 138	
FFY 2001 increase: (33,026 x 6%)		\$ 1,982

PCA & PDN Forecast before increase	\$149	9,072	\$164,016
FFY 2000 increase: (149,072 x 6% x 1/12)	\$	745	
FFY 2001 increase: (164,016 x 6%)			\$ 9,841
Total Increases	\$	883	\$ 11,823
Total MA cost State Share Federal Share	\$	883 428 <b>455</b>	\$ 11,823 5,780 <b>6,042</b>

• Until July 1, 2001, the rate for special transportation is increased from \$1.20 per mile to \$1.30 per mile. Pursuant to Minnesota Session Laws 2000, chapter 488, article 8, section 2, subdivision 3.

The Department anticipates the budget impact as follows. A one month billing lag is assumed, meaning that two months (August and September) of the total cost would fall in FFY 2000, with the remainder in FFY 2001.

A baseline cost of \$8,900,000 for special transportation is estimated for the 12 month period of this increase.

A summary of these estimates and their funding is as follows:

	F <u>FY 2000</u> (Dollars in Tho	FFY 2001 ousands)
Total Special Transportation Miles Estimated for 12 Months	\$8,900,000	\$8,900,000
FFY 2000 increase: (8,900,000 x .10 x 2/12)	\$148	
FFY 2001 increase: (8,900,000 x .10 x 10/12)		\$742
Total Increases	\$148	\$742

# Federal Budget Impact TN 00-17 Page 3

Total MA cost	\$148	\$742
State Share	72	363
Federal Share	76	379
GRAND TOTAL MA COST	\$1,031	\$12,564
State Share	\$ 500	\$ 6,143
Federal Share	\$ 531	\$ 6.421

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Effective: July 1, 2000

TN: 00-17 Approved:

Supersedes: 99-12

#### 6.d. Other practitioners' services. (continued)

В. Public health nursing services are limited to:

- 1) Nursing assessment and diagnostic testing;
- Health promotion and counseling; 2)
- 3) Nursing treatment;
- 4) Immunization;
- 5) Administration of injectable medications;
- 6) Medication management and the direct observation of the intake of drugs prescribed to treat tuberculosis;
- 7) Tuberculosis case management, which means:
  - assessing an individual's need for medical services to treat tuberculosis;
  - b) developing a care plan that addresses the needs identified in subitem a);
  - assisting the individual in accessing medical C) services identified in the care plan; and
  - d) monitoring the individual's compliance with the care plan to ensure completion of tuberculosis therapy; and
- 8) Personal care assessments, reassessments, and service updates. Assessments, reassessments, and service updates are conducted by county public health nurses or certified public health nurses under contract with the county.

Such assessments must be conducted initially, in person, for persons who have never had a public health nurse assessment. The initial assessment must include:

- a face-to-face documentation of health status a) assessment and determination of baseline need;
- b) determination of need;
- C) collection of initial case data; identification of appropriate services; and
- d) service plan development;
- coordination of initial services; e)
- f) referrals and follow-up to appropriate payers and community resources;
- q) completion of required reports;
- h) obtaining if a need is determined, recommendation and receipt of service authorization; and
- i) recipient education.

ATTACHMENT 3.1-A

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Effective: July 1, 2000

TN: 00-17 Approved:

Supersedes: 99-12

## 6.d. Other practitioners' services. (continued)

#### B. Public health nursing services.

Reassessments are conducted, in person, at least annually or when there is a significant change in the recipient's condition and need for services. The reassessment includes:

- a) a review of initial baseline data;
- b) an evaluation of service outcomes effectiveness;
- c) a redetermination of need for service;
- d) a modification of the service plan, if necessary, and appropriate referrals;
- e) an update of the initial forms;
- f) obtaining if a need is redetermined, recommendation and receipt of service authorization; and
- g) ongoing recipient education.

Service updates are conducted in lieu of an annual face-to-face reassessment when a recipient's condition or need for personal care assistant services has not changed substantially, or between required assessments when the recipient or provider requests a temporary increase in services until an in-person review is conducted. The service update includes all the elements listed in items a) through g), above, but does not require an in-person visit.

If flexible use of personal care assistant hours is used, as part of the assessment, reassessment, and service plan development or modification, the recipient or responsible party must work with the public health nurse to develop a written month-to-month plan of the projected use of personal care assistant services that is part of the service plan. This month-to-month plan must ensure that actual use of hours will be monitored and that the:

- a) health and safety needs of the recipient will be met; and
- b) total annual authorization will not be exceeded before the end date.

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Effective: July 1, 2000

TN: 00-17 Approved:

Supersedes: 00-15

#### 26. Personal care services.

Personal care services are provided by personal care provider organizations or by use of the PCA Choice option.

#### A. Personal care provider organizations

Personal care services provider qualifications:

- Personal care assistants must be employees of or under contract with a personal care provider organization within the service area. If there are not two personal care provider organizations within the service area, the Department may waive this requirement. If there is no personal care provider organization within the service area, the personal care assistant must be enrolled as a personal care provider.
- If a recipient's diagnosis or condition changes, requiring a level of care beyond that which can be provided by a personal care provider, non-Medicare certified personal care providers must refer and document the referral of dual eligibles to Medicare providers (when Medicare is the appropriate payer).
- Effective July 1, 1996, personal care assistant means a person who:
  - a) is at least 18 years old, except for persons 16 to 18 years of age who participated in a related school-based job training program or have completed a certified home health aide competency evaluation;
  - b) is able to effectively communicate with the recipient and the personal care provider organization;
  - c) is able to and provides covered personal care services according to the recipient's plan of care, responds appropriately to the recipient's needs, and reports changes in the recipient's conditions to the supervising qualified professional. For the purposes of this item, "qualified professional" means a

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#### 26. Personal care services. (continued)

registered nurse or a mental health professional defined in item 6.d.A. of this attachment;

- d) is not a consumer of personal care services; and
- is subject to criminal background checks and e) procedures specified in the state human services licensing act.
- Effective July 1, 1996, personal care provider organization means an entity enrolled to provide personal care services under medical assistance that complies with the following:
  - owners who have a five percent interest or a) more, and managerial officials are subject to a background study. This applies to currently enrolled personal care provider organizations and those entities seeking to enroll as a personal care provider organization. Effective November 10, 1997, an organization is barred from enrollment if an owner or managerial official of the organization has been convicted of a crime specified in the state human services licensing act, or a comparable crime in another jurisdiction, unless the owner or managerial official meets the reconsideration criteria specified in the state human services licensing act;
  - b) the organization must maintain a surety bond and liability insurance throughout the duration of enrollment and provide proof thereof. insurer must notify the Department of the cancellation or lapse of policy; and
  - the organization must maintain documentation C) of personal care services as specified in rule, as well as evidence of compliance with personal care assistant training requirements.

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26. <u>Personal care services.</u> (continued)

#### B. PCA Choice option

Under this option, the recipient and qualified professional do not require professional delegation.

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- The recipient or responsible party:
  - a) uses a PCA Choice provider, not a personal care provider organization. A PCA Choice provider assists the recipient to account for covered personal care assistant services. A PCA Choice provider is considered a joint employer of the qualified professional described in item A and the personal care assistant, and may not be related to the recipient, qualified professional, or personal care assistant. A PCA Choice provider or owner of the entity providing PCA Choice services must pass a criminal background check according to the state human services licensing act;
  - b) uses a qualified professional for help in developing and revising a plan to meet the recipient's assessed needs and for help in supervising the personal care assistant services, as recommended by a public health nurse;
  - c) supervises the personal care assistant if there is no qualified professional;
  - d) with the PCA Choice provider, hires and terminates the qualified professional;
  - e) with the PCA Choice provider, hires and terminates the personal care assistant;
  - f) orients and trains the personal care assistant in areas that do not require professional delegation as determined by the county public health nurse;

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#### 26. <u>Personal care services.</u> (continued)

- g) supervises and evaluates the personal care assistant in areas that do not require professional delegation as determined in the assessment;
- h) cooperates with the qualified professional and implements recommendations pertaining to the health and safety of the recipient;
- with the PCA Choice provider, hires a qualified professional to train and supervise the performance of delegated tasks done by the personal case assistant;
- j) monitors services and verifies in writing the hours worked by the personal care assistant and the qualified professional;
- k) develops and revises a care plan with assistance from the qualified professional;
- verifies and documents the credentials of the qualified professional; and
- m) together with the PCA Choice provider, qualified professional, and personal care assistant, enters into a written agreement before services begin. The agreement must include:
  - the duties of the recipient, PCA Choice provider, qualified professional, and personal care assistant;
  - 2) the salary and benefits for the qualified professional and personal care assistant;
  - 3) the administrative fee of the PCA Choice provider and services paid for with that fee, including background checks;
  - 4) procedures to respond to billing or payment complaints; and

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#### 26. <u>Personal care services.</u> (continued)

5) procedures for hiring and terminating the qualified professional and personal care assistant.

The PCA Choice provider:

- a) enrolls in medical assistance;
- b) requests and secures background checks on qualified professionals and personal care assistants according to the state human services licensing act;
- c) bills for personal care assistant and qualified professional services;
- d) pays the qualified professional and personal care assistant based on actual hours of services provided;
- e) withholds and pays all applicable federal and state taxes;
- f) makes the arrangements and pays unemployment insurance, taxes, workers' compensation, liability insurance, and other benefits, if any;
- g) verifies and documents hours worked by the qualified professional and personal care assistant; and
- h) ensures arm's length transactions with the recipient and personal care assistant.

At a minimum, qualified professionals visit the recipient in the recipient's home at least once every year. Qualified professionals:

a) report to the county public health nurse concerns relating to the health and safety of the recipient; and

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### 26. <u>Personal care services</u>. (continued)

Amount, duration and scope of personal care services:

- Department prior authorization is required for all personal care services and supervision. Prior authorization is based on the physician's orders; the recipient's needs, diagnosis, and condition; an assessment of the recipient; primary payer coverage determination information as required; the service plan; and cost effectiveness when compared to other care options. The Department may authorize up to the following amounts of personal care service:
  - a) up to 2 times the average number of direct care hours provided in nursing facilities for the recipient's comparable case mix level;
  - b) up to 3 times the average number of direct care hours provided in nursing facilities for recipients with complex medical needs, or who are dependent in at least seven activities of daily living and need either physical assistance with eating or have a neurological diagnosis;
  - c) up to 60 percent of the average payment rate for care provided in a regional treatment center for recipients who exhibit, or that without supervision, observation, or redirection would exhibit, one or more of the following behaviors:
    - 1) self-injury;
    - 2) physical injury to others; or
    - destruction of property;
  - d) up to the amount medical assistance would pay for care provided in a regional treatment center for recipients referred by a regional treatment center preadmission evaluation team; or
  - e) up to the amount medical assistance would pay for facility care for recipients referred by a preadmission screening team; and

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# 26. <u>Personal care services.</u> (continued)

- f) a reasonable amount of time for the provision of supervision of personal care services.
- Department prior authorization is also required if more than two reassessments to determine a recipient's need for personal care services are needed during a calendar year.
- ◆ Personal care services must be prescribed by a physician. The service plan must be reviewed and revised as medically necessary at least once every 365 days.
- For personal care services
  - a) effective July 1, 1996, the amount and type of service authorized based upon the assessment and service plan will follow the recipient if the recipient chooses to change providers;
  - b) effective July 1, 1996, if the recipient's medical need changes, the recipient's provider may request a change in service authorization; and
  - c) as of July 1, 1998, in order to continue to receive personal care services after the first year, the recipient or the responsible party, in conjunction with the public health nurse, may complete a service update on forms developed by the Department. If a service update is completed, it substitutes for the annual reassessment described in item 6.d.B. of this attachment.
- ◆ All personal care services must be supervised as described in this item. A reasonable amount of time for the provision of supervision shall be authorized.

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#### 26. <u>Personal care services.</u> (continued)

- Personal care services are provided for recipients who live in their own home if their own home is not a hospital, nursing facility, intermediate care facility for the mentally retarded (ICF/MR), institution for mental disease, or licensed health care facility.
- Recipients may use approved units of service outside the home when normal life activities take them outside the home and when, without the provision of personal care, their health and safety would be jeopardized. Effective July 1, 1996, total hours for personal care services, whether performed inside or outside a recipient's home, cannot exceed that which is otherwise allowed for personal care services in an inhome setting.
- Recipients may receive shared personal care services (shared services), defined as providing personal care services by a personal care assistant to two or three recipients at the same time and in the same setting. For purposes of this item, "setting" means the home or foster care home of one of the recipients, or a child care program in which all recipients served by one personal care assistant are participating, which has state licensure or is operated by a local school district or private school, or outside the home or foster care home when normal life activities take recipients outside the home or foster care home. The provider must offer the recipient or responsible party the option of shared services; if accepted, the recipient or responsible party may withdraw participation in shared services at any time.

In addition to the documentation requirements for personal care provider service records in state rule, a personal care provider must meet documentation requirements for shared services and must document the following in the health service record for each recipient sharing services:

a) permission by the recipient or responsible party for the maximum number of shared services hours per week chosen by the recipient; STATE: MINNESOTA ATTACHMENT 3.1-A Effective: July 1, 2000 Page 78i

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#### 26. <u>Personal care services</u>. (continued)

b) permission by the recipient or responsible party for personal care assistant services provided outside the recipient's home;

- c) permission by the recipient or responsible party for others to receive shared services in the recipient's home;
- d) revocation by the recipient or responsible party of the shared service authorization, or the shared service to be provided to others in the recipient's home, or the shared services to be provided outside the recipient's home;
- e) supervision of the shared personal care assistant services by the qualified professional, including the date, time of day, number of hours spent supervising the provision of shared services, whether the supervision was face-to-face or another method of supervision, changes in the recipient's condition, and shared services scheduling issues and recommendations;
- f) documentation by the qualified professional of telephone calls or other discussions with the personal care assistant regarding services being provided to the recipient; and
- g) daily documentation of the shared services provided by each identified personal care assistant including:
  - the names of each recipient receiving share services together;
  - 2) the setting for the shared services, including the starting and ending times that the recipient received shared services; and
  - 3) notes by the personal care assistant regarding changes in the recipient's condition, problems that may arise from the sharing of services, scheduling issues, care

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#### 26. <u>Personal care services</u>. (continued)

issues, and other notes as required by the qualified professional.

In order to receive shared services:

- a) the recipient or responsible party, in conjunction with the county public health nurse, must determine:
  - whether shared services is an appropriate option based on the individual needs and preferences of the recipient; and
  - 2) the amount of shared services allocated as part of the overall authorization of personal care services;
- b) the recipient or responsible party, in conjunction with the supervising qualified professional, must arrange the setting and grouping of shared services based on the individual needs and preferences of the recipients;
- c) the recipient or responsible party, and the supervising qualified professional, must consider and document in the recipient's health service record:
- the additional qualifications needed by the personal care assistant to provide care to several recipients in the same setting;
- the additional training and supervision needed by the personal care assistant to ensure that the needs of the recipient are appropriately and safely met. The provider must provide onsite supervision by a qualified professional within the first 14 days of shared services, and monthly thereafter;
- 3) the setting in which the shared services will be provided;

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#### 26. Personal care services. (continued)

- 4) the ongoing monitoring and evaluation of the effectiveness and appropriateness of the service and process used to make changes in service or setting; and
- 5) a contingency plan that accounts for absence of the recipient in a shared services setting due to illness or other circumstances and staffing contingencies.
- The following personal care services are covered under medical assistance as personal care services:
  - a) bowel and bladder care;
  - b) skin care to maintain the health of the skin;
  - c) repetitive range of motion, muscle strengthening exercises, and other tasks specific to maintaining a recipient's optimal level of function;
  - d) respiratory assistance;
  - e) transfers and ambulation;
  - f) bathing, grooming, and hair washing necessary for personal hygiene;
  - g) turning and positioning;
  - h) assistance with furnishing medication that is self-administered;
  - i) application and maintenance of prosthetics and orthotics;
  - j) cleaning medical equipment;
  - k) dressing or undressing;
  - assistance with eating, meal preparation and
    necessary grocery shopping;

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#### 26. <u>Personal care services</u>. (continued)

- m) accompanying a recipient to obtain medical diagnosis or treatment;
- n) effective July 1, 1996, assisting, monitoring, or prompting the recipient to complete the services in items (a) to (m);
- o) effective July 1, 1996, redirection, monitoring, and observation that are medically necessary and an integral part of completing the personal care described in items (a) to (n);
- p) effective July 1, 1996, redirection and intervention for behavior, including observation and monitoring;
- q) effective July 1, 1996, interventions for seizure disorders, including monitoring and observation if the recipient has had a seizure that requires intervention within the past three months;
- effective July 1, 1998, tracheostomy suctioning r) using a clean procedure if the procedure is properly delegated by a registered nurse. Before this procedure may be delegated to a personal care assistant, a registered nurse must determine that the tracheostomy suctioning can be accomplished utilizing a clean, rather than a sterile procedure, and must ensure that the personal care assistant has been taught the proper procedure. A clean procedure is defined as a technique reducing the numbers of microorganisms, or prevents or reduces the transmission of microorganisms from one recipient or place to another. It may be used beginning 14 days after insertion; and
- s) incidental household services that are an integral part of a personal care service described in items a) to r).

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#### 26. Personal care services. (continued)

◆ The above limitations do not apply to medically necessary personal care services under EPSDT.

- The following services are **not covered** under medical assistance as personal care services:
  - a) health services provided and billed by a provider who is not an enrolled personal care provider;
  - b) personal care services that are provided by the recipient's spouse, legal guardian, parent of a recipient under age 18, or the recipient's responsible party;
  - c) personal care services that are provided by the recipient's adult child or sibling, or the adult recipient's parent, unless these relatives meet one of the hardship criteria, below, and receive a waiver from the Department. As of July 1, 2000, any of these relatives who are also guardians or conservators of adult recipients, when the guardians or conservators are not the owner of the recipient's personal care provider organization, are included in this list.

The hardship waiver criteria are:

- the relative resigns from a part-time or full-time job to provide personal care for the recipient;
- 2) the relative goes from a full-time job to a part-time job with less compensation to provide personal care for the recipient;
- the relative takes a leave of absence without pay to provide personal care for the recipient;

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#### 26. Personal care services. (continued)

- 4) the relative incurs substantial expenses by providing personal care for the recipient; or
- because of labor conditions, special language needs, or intermittent hours of care needed, the relative is needed in order to provide an adequate number of qualified personal care assistants to meet the medical needs of the recipient.
- d) effective July 1, 1996, services provided by a foster care provider of a recipient who cannot direct his or her own care, unless a county or state case manager visits the recipient as needed, but not less than every six months, to monitor the health and safety of the recipient and to ensure the goals of the care plan are met;
- e) services provided by the residential or program license holder in a residence for more than four persons;
- f) services that are the responsibility of a residential or program license holder under the terms of a service agreement and administrative rules;
- g) sterile procedures;
- h) giving of injections of fluids into veins, muscles, or skin;
- i) homemaker services that are not an integral part of a personal care service;
- j) home maintenance or chore services;
- personal care services when the number of foster care residents is greater than four;

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#### 26. Personal care services. (continued)

- m) personal care services when combined with home health services, private duty nursing services, and foster care payments that exceed the total amount that public funds would pay for the recipient's care in a medical institution. This is a utilization control limitation conducted on a case-by-case basis in order to provide the recipient with the most cost-effective, medically appropriate services;
- n) services not specified as covered under medical assistance as personal care services;
- o) effective January 1, 1996, assessments by personal care provider organizations or by independently enrolled registered nurses;
- p) effective July 1, 1996, services when the responsible party is an employee of, or under contract with, or has any direct or indirect financial relationship with the personal care provider or personal care assistant, unless case management is provided (applies to foster care settings);
- q) effective January 1, 1996, personal care services that are not in the service plan;
- r) home care services to a recipient who is eligible for Medicare covered home care services (including hospice), if elected by the recipient, or any other insurance held by the recipient;
- s) services to other members of the recipient's household;
- any home care service included in the daily rate of the community-based residential facility where the recipient resides;
- u) personal care services that are not ordered by the physician; or

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ATTACHMENT 3.1-A Page 78p

# 26. <u>Personal care services.</u> (continued)

v) services not authorized by the commissioner or the commissioner's designee.

ATTACHMENT 3.1-B
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STATE: MINNESOTA

Effective: July 1, 2000

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6.d. Other practitioners' services. (continued)

#### B. Public health nursing services are limited to:

- 1) Nursing assessment and diagnostic testing;
- Health promotion and counseling;
- 3) Nursing treatment;
- 4) Immunization;
- 5) Administration of injectable medications;
- 6) Medication management and the direct observation of the intake of drugs prescribed to treat tuberculosis;
- 7) Tuberculosis case management, which means:
  - a) assessing an individual's need for medical services to treat tuberculosis;
  - b) developing a care plan that addresses the needs identified in subitem a);
  - c) assisting the individual in accessing medical services identified in the care plan; and
  - d) monitoring the individual's compliance with the care plan to ensure completion of tuberculosis therapy; and
- Personal care assessments, reassessments, and service updates. Assessments, reassessments, and service updates are conducted by county public health nurses or certified public health nurses under contract with the county.

Such assessments must be conducted initially, <u>in</u> <u>person</u>, for persons who have never had a public health nurse assessment. The initial assessment must include:

- a) a face-to-face documentation of health status assessment and determination of baseline need;
- b) determination of need;
- c) collection of initial case data; identification of appropriate services; and
- d) service plan development;
- e) coordination of initial services;
- f) referrals and follow-up to appropriate payers and community resources;
- g) completion of required reports;
- h) obtaining if a need is determined, recommendation and receipt of service authorization; and
- i) recipient education.

ATTACHMENT 3.1-B
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# 6.d. Other practitioners' services. (continued)

#### B. Public health nursing services.

Reassessments are conducted, in person, at least annually or when there is a significant change in the recipient's condition and need for services. The reassessment includes:

- a) a review of initial baseline data;
- b) an evaluation of service outcomes effectiveness;
- c) a redetermination of need for service;
- d) a modification of the service plan, if necessary, and appropriate referrals;
- e) an update of the initial forms;
- f) obtaining if a need is redetermined, recommendation and receipt of service authorization; and
- g) ongoing recipient education.

Service updates are conducted in lieu of an annual face-to-face reassessment when a recipient's condition or need for personal care assistant services has not changed substantially, or between required assessments when the recipient or provider requests a temporary increase in services until an in-person review is conducted. The service update includes all the elements listed in items a) through g), above, but does not require an in-person visit.

If flexible use of personal care assistant hours is used, as part of the assessment, reassessment, and service plan development or modification, the recipient or responsible party must work with the public health nurse to develop a written month-to-month plan of the projected use of personal care assistant services that is part of the service plan. This month-to-month plan must ensure that actual use of hours will be monitored and that the:

- a) health and safety needs of the recipient will be met; and
- b) total annual authorization will not be exceeded before the end date.